

Washing your hands and changing your infusion site are important for preventing skin problems and infections. Rotate your site and change your set every 2 to 3 days, or as recommended by your healthcare provider (HCP). This will help prevent infections and elevations in your blood glucose readings.

Inspect your site twice daily, once in the morning and once in the evening. Look for signs of infection such as:

- Drainage (clear, cloudy, white, yellow, or bloody)
- Unpleasant odor
- Redness or warm area
- Fever or chills
- Pain or discomfort at the site
- Unexplained hyperglycemia
- Nausea or vomiting

Make sure to report any of these symptoms to your HCP as soon as possible.

Tips to Preventing Skin Problems and Infections:

Wash your hands thoroughly with soap and water before and after handling pump supplies, site dressings, and/or medications.

Infusion sets should be inserted on clean skin. You may use an antibacterial soap solution, such as Dial™, Hibiclens®, or Betadine™. Cleanse the skin in a circular motion, from the inside to the outside. If needed, apply a skin protectant such as IV Prep™, Skin Tac™, or Mastisol® on a 3-inch diameter area. Allow your skin to dry naturally.

Inspect sterile packages to make sure contents have not been opened, are damaged, or expired. If the integrity of the package has been damaged, use another one and contact the manufacturer; they may want you to send the damaged package back.

Prescription medication or antibiotic ointment on discontinued sites may be needed. Consult your HCP if you are having problems with skin irritation or infection.