Tips for Effective Summer Pumping

As you reach for the sunscreen, now is the time to give your pump a summer inspection.

Examine your pump closely for cracks and report any damage to Customer Support. Protect it with an Animas® Pump Skin, available in 8 colors.

- Replace the battery cap every 6 months (every 3 months, if a frequent swimmer). Replace cartridge cap as needed.
- If your screen's clear lens covering is marred, scratched or cloudy, peel the old lens covering film off and replace it for a new summer shine with a Lens Protection Film Kit.

Tips for Infusion Site Success

- Use a skin prep such as IV Prep™, Skin-Tac™ or Mastisol® to help infusion sets stick in the summer heat. These products contain adhesive ingredients.
- Use the “Sandwich Technique.” Prepare skin as above, using skin prep. “Sandwich” your infusion set between 2 pieces of dressing (IV3000™ or Tegaderm™). Be sure your tubing is disconnected before applying the top dressing!
- Use additional adhesive tape around infusion set to help secure site.
- Infusion sets stick better to cleanly shaved skin. It’s best to shave a day before using the area to minimize irritation to the insertion area.

Going for a Swim?

All Animas® insulin pumps, including OneTouch Ping®, are waterproof (up to 12 feet for 24 hours), but they cannot float!* Consider a neoprene Sport-Pak™ which has an “alligator” zipper compartment to securely hold your pump when in or around water.

- It is important to store insulin in a safe temperature range to maintain its effectiveness when at the beach or pool. Review the manufacturer's label insert to find the safe temperature ranges. Place the pump in a cool pack or put it in a re-sealable plastic bag to protect it from sand if disconnecting.
- Disconnect from your pump per your healthcare provider’s instructions, usually for up to 1 hour maximum. Check blood glucose levels frequently throughout the day.

Traveling by Plane?

- Notify the security agent that you wear an insulin pump. Your pump may set off the metal detector at airport security check-in. Additionally, airport security systems, such as X-rays, may damage the pump, so it may be necessary to disconnect and remove the pump prior to going through security. Contact your local airport administration or security office before traveling by air to obtain information about bringing your pump through airport security check-in.
- During flight, turn off the radio frequency in your pump and in your meter-remote (OneTouch Ping® System users).
- Carry your insulin, pump supplies, extra syringes, ketone test strips, glucagon, quick-acting carbs or glucose tablets, glucose testing equipment, and any other medications with you in your carry-on luggage. DO NOT CHECK these items.
If you enjoy roller coasters, disconnect your pump at the site (not “suspend”) before the ride begins because of the high gravity forces on some of these rides.

Before boarding a “free-fall”-type ride, disconnect from your pump and leave it with a companion who does not share your love of free fall drops. Pumps should be kept away from the large electromagnets that elevate the cars. If you anticipate a long wait to enjoy your ride, wear a pouch or fanny pack so that you can take your pump off right before you ride and still keep it safe, as well as keeping your glucose in control.

Love Amusement Parks?

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Be Prepared!

Always be prepared for the unexpected! Keep diabetes-related supplies on hand during vacation or extended travel. Take more than you think you will need in case of emergencies or travel delays. Recommended supplies include:

- Insulin, syringes or insulin pens, infusions sets, cartridges, extra battery cap and cartridge cap, batteries for pump, case or protective skin and YOUR PUMP!
- Alcohol wipes, IV Prep™ and any other items used for site changes.
- Glucose meter, test strips, lancets, batteries.
- Extra sensors if using CGM (Continuous Glucose Monitoring).
- Loaner pump, if you requested one.
- Ketone test strips, glucagon kit, glucose tablets or other forms of quick-acting carbohydrates.
- List of current pump settings, emergency numbers, medical ID, copy of prescriptions, healthcare provider letter stating you have diabetes and wear a pump and CGM, if applicable.
- If outside of the United States, the toll-free numbers for Customer Support will not work. For assistance, international travelers should call 00 + 1-610-644-8990, then choose Option 1.

Have a safe, fun, and “well-controlled” summer everyone!

The Animas® Vibe® System is approved for use in persons of age 2 and older.

IMPORTANT SAFETY INFORMATION

The Animas® Vibe® Insulin Pump and CGM System is intended for the delivery of insulin and for continuous glucose monitoring (CGM) for the management of insulin-requiring diabetes. The Animas® Vibe® System’s CGM, which includes the Dexcom G4® PLATINUM Sensor and Transmitter, is indicated for detecting trends and tracking patterns in persons age 2 and older. The system is intended for single patient use and requires a prescription.

CONTRAINDICATIONS: Insulin pump therapy is not recommended for people unwilling or unable to test their blood glucose four to six times per day, unwilling or unable to see their healthcare professional regularly, or whose vision or hearing does not allow recognition of pump alerts, warnings, and alarms. The Animas® Vibe® Insulin Pump must be removed before MRI or CT scan, and the Dexcom G4® PLATINUM Sensor and Transmitter must be removed before MRI, CT scan, or diathermy treatment. Taking acetaminophen-containing medications while wearing the sensor may falsely raise sensor glucose readings.

* The OneTouch Ping® meter remote must not be exposed to water.
† The Dexcom G4® PLATINUM Sensor and Transmitter are water-resistant at 8 feet (2.4 metres) for 24 hours. CGM readings may not be transmitted from the CGM to the pump while in water.

WARNINGS: Connecting to the pump before receiving the necessary training could result in serious injury or death. Younger children may inadvertently press the pump buttons and deliver insulin, which can lead to hypoglycemic events. Caregivers are responsible for helping to ensure safe and effective delivery of insulin to people in their care, including using the safety features on the Animas® Vibe® System to help prevent injury. CGM glucose readings are not to be used to make treatment decisions. The sensor and transmitter do not replace a blood glucose meter. The sensor and transmitter are not to be used during pregnancy or while on dialysis. Sensor placement is only approved for sites under the skin of the belly (abdomen) in adults and the belly or upper buttocks for ages 2 to 17 (pediatrics). Patients should seek professional medical help if a sensor breaks and no portion of it is visible above the skin, or if there is infection or inflammation. Any broken sensors or adverse events should be reported to Customer Service. Contact Customer Service at 1-877-937-7867 or visit www.animas.com/importantstinformation for detailed indications for use and safety information.